

# Diesel exhaust particulates & vulnerable populations



Transitioning the Illinois Port District to a fully *zero-emissions* operation requires addressing diesel emissions

*Diesel exhaust particulates (DEP) have lasting, negative effects on the body and disproportionately affect persons of color [1]*

The Illinois International Port District moved

## 13.9 MILLION TONS of cargo in Cook County\*

\*in 2017, from Illinois Marine Transportation Report 2021

### Diesel Exhaust

- Diesel engine exhaust is the most prevalent human-generated pollutant [1]
- Consists of solid, liquid, and gaseous components [1]
- Is listed as a carcinogen by the International Agency for Research on Cancer [2]

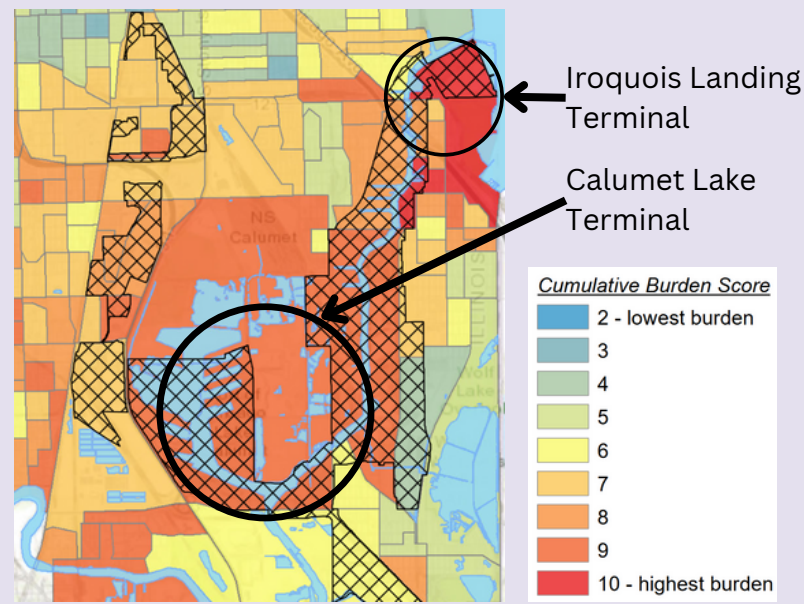
### Health Impact

- While the body can filter larger particulates, it cannot prevent ultra-fine and gaseous pollutants from deeply penetrating the respiratory system [1,6]
- In the inner respiratory tract, it may take weeks to months to remove particulates [1]

### Community Impact

- Juvenile and elderly respiratory systems are most vulnerable to DEPs [6,10,11]
- Communities surrounding the Iroquois & Calumet landing terminal experience higher rates of exposure to diesel exhaust [16,17]

City of Chicago: Cumulative Environmental Burden [20]



Studies show that DEPs are found to induce *pulmonary oxidative stress*. This is strongly associated with **asthma, lung cancer, and chronic obstructive pulmonary disease (COPD)**[1,6,7]

A cleaner port will improve the health of its workers and surrounding communities



# References and additional resources:

1. Steiner, S. et al. "Diesel exhaust: current knowledge of adverse effects and underlying cellular mechanisms," Arch. Toxicol., 90, 1541-1553, (2016).
2. "IARC: Diesel Engine Exhaust Carcinogenic," (2012). [https://www.iarc.who.int/wp-content/uploads/2018/07/pr213\\_E.pdf](https://www.iarc.who.int/wp-content/uploads/2018/07/pr213_E.pdf)
3. Harrison, R.M. et al., "Diesel exhaust nanoparticles and their behaviour in the atmosphere," Proc. R. Soc. A, 474, (2018).
4. "Diesel Exhaust Particle Size," dieselnet.com, [https://dieselnet.com/tech/dpm\\_size.php](https://dieselnet.com/tech/dpm_size.php)
5. United States Environmental Protection Agency, "Particulate Matter (PM) Basics," US EPA, (2023). <https://www.epa.gov/pm-pollution/particulate-matter-pm-basics>
6. Kenyon, N., Liu, F.T., "Pulmonary Effects of Diesel Exhaust," Am. J. Pathol., 179(6), 2679-2682, (2011).
7. Rogers, L. K., Cismowski, M. J., "Oxidative stress in the lung - The essential paradox," Curr. Opin. Toxicol., 7, 37-43, (2018).
8. National Cancer Institute, "Definition of Autophagy," NCI. <https://www.cancer.gov/publications/dictionaries/cancer-terms/def/autophagy>
9. Li, W. et al., "A review of respirable fine particulate matter (PM2.5)-induced brain damage," Front. Mol. Neurosci., 15, (2022).
10. "Children's Exposure to Diesel Exhaust on School Buses," Environment & Human Health, Inc., (2002). <https://www.ehhi.org/reports/diesel/dieselintro.pdf>
11. Gauderman, W. J. et al., "The Effect of Air Pollution on Lung Development from 10 to 18 Years of Age," N. Engl. J. Med., 351(11), 1057-1067, (2004).
12. Sacks, J.D. et al., "Particulate Matter-Induced Health Effects: Who Is Susceptible?," Environ. Health Perspect., 119(4), 446-454, (2011).
13. Tessum, C.W. et al., "PM2.5 pollutants disproportionately and systemically affect people of color in the United States," Sci. Adv., 7(18), (2021).
14. Jbaily, A. et al., "Air pollution exposure disparities across US population and income groups," Nature, 601, 228-233, (2022).
15. Lane, H.M. et al., "Historical Redlining Is Associated with Present-Day Air Pollution Disparities in U.S. Cities," Environ. Sci. Technol. Lett., 9(4), 345-350, (2022).
16. Cook County Treasurer's Office, "Maps of Inequality: From Redlining to Urban Decay and the Black Exodus," (2022). <https://www.cookcountytreasurer.com/scavengersalestudyexploremaps.aspx>
17. "Calumet Connect Databook - Version 2.0," Alliance for the Great Lakes, (2021). [https://greatlakes.org/wp-content/uploads/2021/02/Final\\_Calumet\\_Connect\\_Databook\\_2.0\\_January\\_2021.pdf](https://greatlakes.org/wp-content/uploads/2021/02/Final_Calumet_Connect_Databook_2.0_January_2021.pdf)
18. United States Environmental Protection Agency, "National Ambient Air Quality Standards (NAAQS) for PM," US EPA, (2024). <https://www.epa.gov/pm-pollution/national-ambient-air-quality-standards-naaqs-pm>
19. World Health Organization, "WHO global air quality guidelines: Particulate matter (PM2.5 and PM10), ozone, nitrogen dioxide, sulfur dioxide and carbon monoxide - Executive summary," WHO, (2021). <https://www.who.int/publications/i/item/9789240034433>
20. Cumulative Environmental & Socio-Demographic Burden, Natural Resource Defense Council (NRDC), 28 Mar. 2019, [www.nrdc.org/sites/default/files/chicago-map-environmental-burden.pdf](http://www.nrdc.org/sites/default/files/chicago-map-environmental-burden.pdf).

***This document was compiled by the Science Policy Outreach Task Force (SPOT). SPOT is a nonpartisan organization of Northwestern University researchers focused on advocating for science, evidence-based reasoning, and scientifically-sound policy to the voting-aged public and policymakers. This document does not represent an official statement by Northwestern University. It does not contain an exhaustive summary of all scientific issues but rather is intended to provide background information relative to the topic.***

April 2024

For more information, contact: [spotforcenu@gmail.com](mailto:spotforcenu@gmail.com)